

**March 2018 Bremen Twp. Senior Lunch Program 15350 Oak Park Ave., Oak Forest ~ 687-8220**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Funded in Partnership w/ AgeOptions</b> For guests age 60+</p> <p><b>-Lunch at 12 Noon-</b> Milk served w/Lunch!</p>	<p>Please reserve by Noon Tuesday of week <u>prior</u> to meal: <b>(708) 687-8220</b></p> <p>\$4.00 donation requested, but not required <b>Complimentary Coffee!</b></p>	<p>See menu on <b>Township Website:</b> <a href="http://www.brementownship.net">www.brementownship.net</a></p> <p>Follow link from "Senior Services"</p>	<p><b>1</b></p> <p><b>Meatballs w/ Vodka sauce Pasta, Tossed Salad</b></p>	<p><b>2 BINGO</b> at Senior Ctr.</p> <p><b>Baked Tilapia &amp; Noodles</b></p> <p><b>Bingo 9am-Noon, then Lunch</b></p>
<p><b>5</b></p> <p><b>Beef Taco</b> Tossed Salad, Rice, Beans</p> <p>~Amer. Mahjongg 10:00</p>	<p><b>6 Mild! Try It!!</b></p> <p><b>Jambalaya!</b> (Chicken &amp; Smoked Sausage, Sauce) Rice, Cole Slaw <i>ESL Coffee &amp; Conversation 11am</i></p>	<p><b>7</b></p> <p><b>Roast Pork w/ Mushroom Gravy, Cornbread Stuffing Biscuit</b></p> <p>Mahjongg 10:15</p>	<p><b>8</b></p> <p><b>Meatloaf w/ Gravy Mashed Potatoes Green Beans</b></p>	<p><b>9 BINGO</b> at Senior Ctr.</p> <p><b>White Fish</b> w/ Cream Sauce</p> <p><b>Bingo 9am-Noon, then Lunch</b> <b>Foot Doctor 10am, Call Ahead</b></p>
<p><b>12</b></p> <p><b>Bratwurst on Bun German Potato Salad</b></p> <p>~Amer. Mahjongg 10:00</p>	<p><b>13</b></p> <p><b>Lemon Chicken Oven Browned Potatoes</b></p> <p><i>Welcome Hanover Place</i></p>	<p><b>14</b> Flower &amp; Garden Show Trip</p> <p><b>Stuffed Cabbage Rolls</b> Au Gratin Potatoes Carrots w/ Dill</p> <p>Mahjongg 10:15</p>	<p><b>15</b></p> <p><b>Turkey Pot Roast Sour Dough Roll</b></p> <p>~Show &amp; Tell after Lunch</p>	<p><b>16 BINGO</b> at Senior Ctr.</p> <p><b>Lemon Pepper WhiteFish</b></p> <p><b>Bingo 9am-Noon, then Lunch</b></p>
<p><b>19</b></p> <p><b>Chicken Corn Chowder Casserole with Pasta</b></p> <p>~Amer. Mahjongg 10:00 <b>Brain Fitness @ Sr.Center! 10:30-Noon</b></p>	<p><b>20</b></p> <p><b>Maxwell St. Polish Sausage</b> Potato Salad Baked Beans</p> <p>~Show &amp; Tell after Lunch</p>	<p><b>21 Reserve Early:</b></p> <p><b>Prime Rib au jus</b> Mashed Potatoes</p> <p><u>No</u> Mahjongg today</p>	<p><b>22</b></p> <p><b>Sloppy Joes Potato Wedges</b></p>	<p><b>23 BINGO</b> at Senior Ctr.</p> <p><b>Choose One:</b> <b>Meatballs in Mushroom Sauce w/ Pasta –Or- Baked Tilapia</b></p> <p><b>Bingo 9am-Noon, then Lunch</b></p>
<p><b>26</b></p> <p><b>Italian Sausage w/RedSauce</b> Pasta, Tossed Salad, whole grain roll</p> <p>~Amer. Mahjongg 10:00</p>	<p><b>27 Wellness in Café*</b></p> <p><b>Baked Ham w/ Glaze</b> Red Potatoes, Green beans Rye Bread</p> <p><b>Managing High Blood Pressure:</b> <i>11am Aunt Martha's Wellness</i></p>	<p><b>28</b></p> <p><b>Meatballs Vesuvio</b> Vesuvio Potatoes Multi-Grain Bread</p> <p>Mahjongg 10:15</p>	<p><b>29 Well-Loved:</b></p> <p><b>Mexican Chicken Fajitas</b> Black Beans Fiesta Rice Applesauce</p>	<p><b>30</b></p> <p><b>GOOD FRIDAY</b></p> <p><b>NO BINGO</b></p> <p><b>NO SENIOR LUNCH TODAY</b></p>