

# May 2018 Bremen Senior Lunch & Activities 15350 Oak Park Ave., Oak Forest ~ 687-8220

Monday	Tuesday	Wednesday	Thursday	Friday
<b>LUNCH SERVED AT 12 NOON to Guests age 60+</b>  <a href="http://www.bremontownship.net">www.bremontownship.net</a>	<b>1</b>  <b>BBQ Pulled Pork</b> <b>Baked Beans</b> Sour dough roll, applesauce	<b>2</b>  <b>Baked Ham w/ Sauce</b> Mashed Potato Green Beans	<b>3</b>  <b>Char-Grilled Turkey Burger</b> <b>Potato Wedges</b> Macaroni Salad  <i>Show &amp; Tell, after Lunch</i>	<b>4</b> Bingo at SeniorCenter  <b>Baked Tilapia/</b> butter sauce Pasta, Fruit juice, carrots  <b>Bingo 9am-Noon, then Lunch</b>
<b>7</b>  <b>Stuffed Cabbage Rolls!</b> <b>Whipped Potatoes</b>  Amer. Mahjong 10:00	<b>8</b>  <b>Spaghetti w/Meatballs</b> <b>French Bread</b> Green Beans	<b>9</b>  <b>Pork Cutlet w/ Gravy</b> <b>Au Gratin Potatoes</b>  Mahjongg 10:15am	<b>10</b>  <b>Bone-in Chicken w/</b> <b>Country Gravy</b> Mashed Potatoes, Biscuit	<b>11</b> Bingo at SeniorCenter  <b>Sloppy Joes OR</b> <b>White Fish: choose one!</b>  <b>Bingo 9am-Noon, then Lunch</b>
<b>14</b>  <b>Swedish Meatballs!</b> <b>Pasta, French Bread</b>  Amer. Mahjong 10:00 <i>Show &amp; Tell, after Lunch</i>	<b>15</b>  <b>Pork Chop</b> <b>Vesuvio Potatoes</b> <b>Creamed Corn</b>	<b>16</b>  <b>Ground Beef Stew</b> <b>w/ Tater Tots</b> Fruit cup  Mahjongg 10:15am	<b>17</b>  <b>Bone-in Greek Chicken</b> Brown Rice Wheat Roll	<b>18</b> Bingo at SeniorCenter  <b>Hot Dogs</b> <b>Potatoes O'Brien</b>  <b>Bingo 9am-Noon, then Lunch</b>
<b>21</b>  <b>Turkey &amp; Veggie Stew on</b> <b>Noodles,</b> <b>Cornbread!</b>  <b>Brain Health 10:30am Sr.Ctr</b>	<b>22</b>  <b>BBQ Chicken on Bun</b> <b>Cheesy Mashed Potatoes</b>  <i>Welcome Hanover Place!</i>	<b>23</b>  <b>Grilled Hamburger on Bun</b> Potato Salad, Baked Beans  Mahjongg 10:15am	<b>24</b>  <b>Chicken Marsala</b> <b>Rice, Multi-grain bread</b>	<b>25</b> Bingo at SeniorCenter  <b>Prime Rib au jus</b> Au Gratin Potatoes  <b>Bingo 9am-Noon, then Lunch</b>
<b>28</b>  <b>Memorial</b> <b>Day</b>  <i>No Lunch Served Today</i>	<b>29</b>  <b>Pork Cutlet w/Gravy</b> <b>Potato Wedges</b>	<b>30</b> <i>Senior Field Trip</i>  <b>Greek Meatballs w/ Sauce</b> Rice, Cole slaw  Mahjongg 10:15am	<b>31</b> Aunt Martha's Wellness*  <b>Chicken Pesto/CreamSauce</b> Pasta Bean Salad, Tropical Fruit  *11am, Senior Café <b>Arthritis Discussion</b>	\$4.00 donation requested but not required <b>Funded in Partnership w/</b> <b>AgeOptions</b> Call for Lunch Reservation <b>1 week in advance:</b> <b>(708) 687-8220</b>