

August 2018 Bremen Senior Lunch Program 15350 Oak Park Ave., Oak Forest ~ 687-8220

Monday	Tuesday	Wednesday	Thursday	Friday
LUNCH SERVED AT 12 NOON to Guests age 60+ \$4.00 donation requested, but not required	Call for a Reservation 1 week in advance: (708) 687-8220 Funded in Partnership w/ AgeOptions	1 Bratwurst on a Bun!! Diced Potatoes Cinnamon Apples Mahjongg 10:15am	2 Chicken Breast w/ Pesto Crème Sauce Rice Pilaf, Roll	3 BINGO! at Senior Ctr. CHOICE DAY: Ital. Meatballs w/ Pasta -OR- White fish/Dill Sauce Bingo 9am-Noon, then Lunch
6 Pork Chop w/Gravy Au Gratin Potatoes Applesauce Amer.Mahjongg 10am Show & Tell, after lunch	7 Ageless Grace 10:30, Sr Ctr Chicken Breast/ Mushr Sauce, Pasta Peaches <i>Welcome Hanover Place!</i>	8 Senior Field Trip Grilled Hamburger on Bun O'Brien Potatoes Mahjongg 10:15am	9 Choose 1 by 7/31 AG Baked Tilapia*/butter sauce Spanish Rice Refried Beans Or Chicken Breast w/ Peppers & Onions, Ltd Qty	10 BINGO! at Senior Ctr. Country Ham Sweet Potatoes Bingo 9am-Noon, then Lunch
13 Polish Sausage Mashed Potatoes Baked Beans Amer.Mahjongg 10am	14 Ageless Grace 10:30, Sr Ctr Southern Chicken w/ Gravy Scalloped Potato Biscuit	15 Turkey Burger Red skinned potatoes Fruit Cocktail Mahjongg 10:15am	16 Ageless Grace 10:30, Sr Ctr Vesuvio Meatballs Wild Rice Tossed Salad, Apple	17 Bingo! at Senior Ctr. CHOICE DAY: Stuffed Cabbage -OR- White Fish/Citrus Sauce Bingo 9am-Noon, then Lunch
20 Brain Challenge 10:30am Meatballs Stroganoff Pasta Cole Slaw Amer.Mahjongg 10am	21 Ageless Grace 10:30, Sr Ctr CHOICE DAY: Lemon Pepper Whitefish -OR- BBQ Chicken on Bun Smashed Potatoes	22 Italian Sausage, Red Sauce Spaghetti, Roll Mahjongg 10:15am	23 Ageless Grace 10:30, Sr Ctr Roast Pork w/Gravy Rotini Pasta Sourdough Roll	24 Bingo! at Senior Ctr Greek Chicken (lemon/herbs) & Wild Rice Bingo 9am-Noon, then Lunch
27 Reserve by Aug 20 Hot Dog, Potato Salad & Root Beer Float!! Amer.Mahjongg 10am Show & Tell after lunch	28 Ageless Grace 10:30, SrCtr Prime Rib au jus Parsley Potatoes Green Beans	29 Ham w/pineapple glaze Au Gratin Potatoes & more... Mahjongg 10:15am	30 Choose 1 by 8/21: White Fish/Creole Sauce -OR- Chicken Cacciatore <i>(onions/peppers/mushrooms)</i> Pasta Last <i>Ageless Grace</i>	31 Bingo! at Senior Ctr Breaded Beefsteak/grav Mashed Potatoes, Biscuit Bingo 9am-Noon, then Lunch