

WEEKLY SENIOR ACTIVITIES at BREMEN TOWNSHIP SENIOR COMPLEX

15350 S. OAK PARK AVENUE, OAK FOREST

708-687-8220

Monday Mahjongg: *American version* on Mondays, 10am-Noon, Senior Café. Beginners welcome. Complimentary coffee!

ESL Coffee & Conversation Hour on specially marked days (see monthly menu). Bring some friends to practice your English conversation skills: 11am. Coffee served & Lunch available at Noon to seniors age 60+ (pending availability).*

Wednesday *Chinese* Mahjongg: 10:15am-2pm at Senior Café. Beginners welcome! Break for Senior Lunch (age 60+) at Noon.* Coffee served.

Show & Tell Days (as listed on menu) held after some lunches. Bring items of interest (photos, antiques, etc.) to show fellow diners! Held after the Noon Senior Lunch in the Senior Café.

Friday Bingo at Senior Center (front building): 9am-Noon. \$3 for all morning's Bingo cards. Includes coffee & pastries!

*small donation for Senior Lunch is requested but not required.

Congregate Meals are in partnership with **AgeOptions**.

Bremen Township does not discriminate in admission to programs, activities or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the US Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the US and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint. Funds (in whole/part) for this publication were provided through an award from Age Options through grants from the Illinois Department on Aging and/or Administration on Aging, US Department of Health and Human Services under Title III of the Older Americans Act.