

January 2019 Bremen Senior Lunch & Activities 15350 Oak Park Ave., Oak Forest ~ **687-8220**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>LUNCH SERVED AT 12 NOON to Guests age 60+</p> <p>see monthly menu at: www.bremontownship.net</p>	<p>1</p> <p>New Year's Day No Lunch Today <i>Happy New Year!</i></p>	<p>2</p> <p>Chicken Corn Chowder Rotini Pasta Cole Slaw, Apple</p> <p>Mahjongg 10:15am</p>	<p>3</p> <p>Beef Taco on Tortilla Spanish Rice, Salsa Tossed Salad, Beans</p>	<p>4 Bingo at SeniorCenter</p> <p>Chicken Divan, Rice (breast, broccoli cream sauce)</p> <p>Bingo 9am-Noon, then Lunch</p>
<p>7</p> <p>Pepper Steak w/ Rice Beet Salad and more</p> <p>Amer. Mahjong 10:00</p>	<p>8 Reserve Early!</p> <p>Roast Pork/Mushroom gravy Potato pancake Biscuit, Applesauce</p>	<p>9</p> <p>Maxwell St. Polish Sausage Potato Salad, bkd beans</p> <p>Mahjongg 10:15am</p>	<p>10 Aunt Martha's Wellness* Choose 1: Chicken Italiano (red sauce) OR White Fish, green beans, Pasta</p> <p>*11am, Senior Café Immunity & You</p>	<p>11 Bingo at SeniorCenter</p> <p>Meatloaf w/ Gravy Mashed Potatoes</p> <p>Bingo 9am-Noon, then Lunch</p>
<p>14 Reserve Early</p> <p>Prime Rib au jus Au Gratin potato</p> <p>Amer. Mahjong 10:00</p>	<p>15</p> <p>Stuffed Cabbage Rolls Scalloped Potatoes Fresh Orange</p> <p><i>Welcome Hanover Place!</i></p>	<p>16</p> <p>Italian Sausage/Red sauce Pasta, Roll Broccoli Salad</p> <p>Mahjongg 10:15am <i>Show & Tell, after Lunch</i></p>	<p>17</p> <p>Turkey Pot Roast Mashed Potatoes Sour dough roll Sliced pears</p>	<p>18 Bingo at SeniorCenter</p> <p>Lemon Chicken OR Whitefish/mild creole see Rice, muffin</p> <p>Bingo 9am-Noon, then Lunch</p>
<p>21</p> <p>No Lunch Today</p> <p>Martin Luther King Day</p>	<p>22 Choice Day:</p> <p>Luau Pork OR LemonPepp Whitefish w/ Rice & Hawaiian roll</p>	<p>23</p> <p>Southern Chicken (breaded chicken patty) Mashed Potato, biscuit</p> <p>Mahjongg 10:15am</p>	<p>24</p> <p>Stuffed Pepper w/ sauce! Pasta, green beans French Bread</p>	<p>25 Bingo at SeniorCenter</p> <p>Oriental Chicken w/ Asian Rice</p> <p>Bingo 9am-Noon, then Lunch</p>
<p>28</p> <p>Mexican Chicken w/ Mexican beans & rice Flour tortilla, Pear cup</p>	<p>29</p> <p>Chicken & Sausage Casserole (Jambalaya) Rice & more</p>	<p>30</p> <p>Turkey Pot pie Mashed Potato, Veg. Banana</p> <p>Mahjongg 10:15am</p>	<p>31</p> <p>Meatballs Vesuvio Vesuvio Potatoes! Multigrain bread</p>	<p>\$4.00 donation requested but not required</p> <p>Funded in Partnership w/ AgeOptions</p> <p>Call for Lunch Reservation 1 week in advance: (708) 687-8220</p>