

May 2019 Bremen Senior Lunch Program 15350 Oak Park Ave., Oak Forest ~ 687-8220

Monday	Tuesday	Wednesday	Thursday	Friday
<p>LUNCH SERVED AT 12 NOON to Guests age 60+</p> <p>\$4.00 donation requested, but not required</p>	<p>Call for a Reservation 1 week in advance: (708) 687-8220</p> <p>Funded in Partnership w/ AgeOptions</p>	<p>1</p> <p>Greek Meatballs on Rice (w/lemon sauce) Biscuit, Cole Slaw</p> <p>Mahjongg 10:15am</p>	<p>2 <i>Cinco de mayo, early</i></p> <p>Chicken Breast w/Fajita Peppers & Onions Fiesta Rice Tortilla, Fresh Orange!</p>	<p>3 BINGO! at Senior Ctr.</p> <p>“Cheddarwurst” OR White Fish Scalloped Potatoes</p> <p>Bingo 9am-Noon, then Lunch</p>
<p>6</p> <p>Breaded Steak w/ Country Gravy Mashed Potatoes Biscuit</p> <p>Amer.Mahjongg 10am</p>	<p>7</p> <p>Lemon Chicken Bone-in (dark meat) Potato Wedges Buttermilk Biscuit</p> <p><i>Welcome Hanover Place!</i></p>	<p>8</p> <p>Sloppy Joes Warm Cinnamon Apples Black Bean salad</p> <p>Mahjongg 10:15am</p>	<p>9</p> <p>Spaghetti & Meatballs Green Beans French Bread Fresh Pear</p>	<p>10 BINGO! at Senior Ctr.</p> <p>BBQ Chicken Breast Cheesy Mashed Potatoes</p> <p>Bingo 9am-Noon, then Lunch</p>
<p>13</p> <p>BBQ Beef Sandwich Sweet Potatoes Baked Beans</p> <p>Amer.Mahjongg 10am</p>	<p>14</p> <p>Baked Ham Mashed Potatoes Biscuit</p>	<p>15</p> <p>Chicken Piccata* Pasta, Green Beans Applesauce</p> <p>Mahjongg 10:15am *light sauce w/capers</p>	<p>16 SUMMER KICKOFF!</p> <p>Grilled Hamburger Potato Salad Fruit Cocktail Dessert: Ice Cream Sundaes* *Reserve by May 7</p>	<p>17 Bingo! at Senior Ctr.</p> <p>CHOICE DAY: Greek Chicken Breast OR Tilapia w/ Piccata sauce</p> <p>Bingo 9am-Noon, then Lunch</p>
<p>20 Brain Challenge 10:30am</p> <p>Chicken Breast Marsala Rice (Mushroom Sauce) Peaches, Wheat Roll</p> <p>Amer.Mahjongg 10am</p>	<p>21 CHOICE DAY: *</p> <p>Pork Cutlet w/ Gravy -OR- Lemon Pepper Tilapia Swirled Rye, Mashed potatoes **Reserve Choice by May 14!</p>	<p>22</p> <p>Grilled Turkey Burger Potato Wedges Macaroni Salad</p> <p>Mahjongg 10:15am</p>	<p>23</p> <p>Swedish Meatballs Rotini Noodles Peas, Cole Slaw Multi-grain bread</p>	<p>24 Bingo! at Senior Ctr</p> <p>Prime Rib w/ au jus Au Gratin Potato</p> <p>Bingo 9am-Noon, then Lunch</p>
<p>27</p> <p>Memorial Day</p> <p>No Lunch today</p> <p>No Mahjongg</p>	<p>28</p> <p>Turkey & Vegetables on Noodles Corn Bread Mushroom Salad</p> <p>Show & Tell, aft. Lunch</p>	<p>29</p> <p>Chicken Pesto/cream sauc Pasta, wheat roll Veggies</p> <p>Mahjongg 10:15am</p>	<p>30</p> <p>Pork Chop Vesuvio! & Vesuvio Potatoes Italian green beans Fresh grapes</p>	<p>31 Bingo! at Senior Ctr CHOOSE ONE:</p> <p>White fish w/ LemonHerbs or Chicken Italiano / mozzarella</p> <p>Bingo 9am-Noon, then Lunch</p>